A GUIDE TO SAFE DRIVING

2016



STAYING SAFE BEHIND THE WHEEL



· SAFE DRIVING · IS MORE THAN

WEARING A SEAT BELT

IT'S TAKING PRECAUTIONS TO SAVE YOUR LIFE AND THE LIVES OF OTHERS

SAFE DRIVING IS

• EVERYONE'S RESPONSIBILITY •

Put Down the Phone:

Nearly 330,000 injuries occur each year from accidents caused by texting while driving

SAFE DRIVING
IS EVERYONE'S
RESPONSIBILITY

Answering a text
takes away your
attention for about
five seconds.
At 55mph, that's
enough time to
travel the length of
a football field.

Watch Your Speed:

Higher speeds magnify your errors and provide less time to identify and react to a hazard; stopping distances are longer and crashes are more severe.



Buckle Up:

Seat belts are your best defense in a crash. Being properly secured keeps you in control of your vehicle and ready to react to a hazardous situation.

SAFE DRIVING
IS EVERYONE'S
RESPONSIBILITY



DID YOU KNOW •

CRASH PREVENTION TECHNIQUES



ADAPT

Scan the roadway and adapt to surroundings and enviornmental conditions



DON'T TAILGATE

Keep a safe distance between you and the car ahead of you. Use the three second rule



SLOW DOWN

Stay under the posted speed limit if it's too fast for existing conditions



THINK AHEAD

Signal early. Don't wait until the last minute to exist or make a turn



DIM YOUR LIGHTS

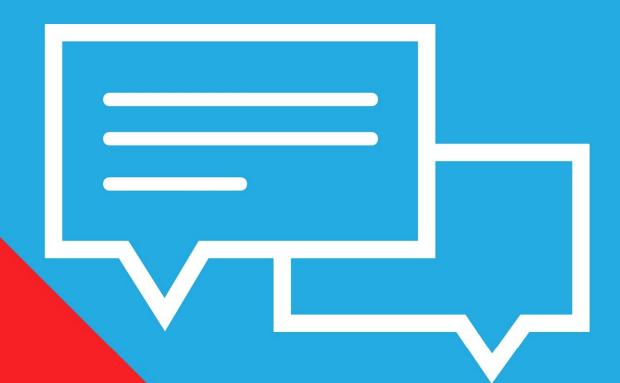
Turn the high beams down if you're behind another car or one is coming your way



NO DISTRACTIONS

Do not use your phone while driving. Don't text, call, or check emails while driving

ACT NOW



PARTICIPATE IN A SAFE DRIVER PROGRAM



Learn the rules of the road, defensive driving techniques, and how to operate your vehicle more safely in today's increasingly challenging driving environment.